



Take-out Menu

phone 250 746 1550 or visit rockcodcafe.com

OPEN FOR LUNCH AND DINNER • Dine In or Take Out • 7 days/week • 1759 Cowichan Bay Road, Cowichan Bay

APPETIZERS

Calamari	\$7.25	Crispy Torpedo Prawns	\$7.95
Fishy Bits	\$6.95	Sweet Potato Fries	\$5.95
Clam Strips	\$6.95	Crab Cakes	\$7.95
Onion Rings	\$4.95		

SIDE ORDERS

Halibut	\$7.25	Gravy (small)	\$1.50
Cod	\$4.50	Gravy (large)	\$2.50
Fries (small)	\$3.00	Tartar Sauce (small)	\$1.50
Fries (large)	\$4.00	Tartar Sauce (large)	\$3.50
Coleslaw	\$1.95		

SOUPS & SALADS

Boston Clam Chowder

Bowl \$4.50 Cup \$3.50

Soup of the Day (please ask your server)

Bowl \$4.00 Cup \$3.00

Rock Cod Salad

Crisp iceberg lettuce, shredded beets, carrots, mushrooms, red cabbage, sprouts, tomatoes, cucumbers & cheese.

Meal \$7.95 Starter \$4.95

Greek Salad \$7.95

Fresh tomatoes, cucumbers, red onions, Greek olives, bell peppers and feta cheese.

Caesar Salad Meal \$7.95 Starter \$4.95

Crisp romaine lettuce, garlic, croutons, parmesan cheese with Garlic toast

Top with: Shrimp add \$3.25 / Chicken add \$4.50 / Cajun chicken add \$4.95



Prices subject to change and all applicable taxes.

FISH & CHIPS

Family Packs (no substitutions on 4 or 8 packs)

1) 8 pieces Cod, 2 large fries, 2 coleslaw (serves 4-6)	\$34.95
2) 4 pieces Cod, 1 large fries, 1 coleslaw (serves 2-3)	\$19.95
3) 8 pieces Halibut, 2 large fries, 2 coleslaw (serves 4-6)	\$56.95
2) 4 pieces Halibut, 1 large fries, 1 coleslaw (serves 2-3)	\$30.95

All Family Packs come with tartar sauce

Fish & Chip Dinner

Includes fries, coleslaw and tartar sauce.

Choose battered or grilled.

1 piece Halibut	\$10.95
1 piece Cod	\$7.95
2 piece Halibut	\$16.25
2 piece Cod	\$11.25

Mate's Plate

1 piece Cod, 2 prawns, 2 oysters, 2 scallops

\$12.25

Captain's Plate

1 piece Halibut, 2 prawns, 2 oysters, 2 scallops, calamari

\$16.25

Substitutions:

Rock Cod or Caesar salad: \$1.50 • Sweet Potato fries: \$3.95

Greek salad: \$3.95 • Onion rings: \$2.95

Crispy coating add \$1.00

Cajun or lemon spice add \$1.00

Almond or coconut crispy coating add \$1.50

BURGERS

Deluxe Bay Burger \$9.65

Bay Burger \$7.95

Bacon Pepperjack Burger \$8.95

Chicken Burger \$8.95

West Coast Garden Burger \$9.95

Rock Cod Cafe Burger \$9.25

Oyster Burger \$8.95

Halibut Burger \$10.25

Add cheese or bacon or mushrooms \$1.50

All burgers include fries or coleslaw. Our burgers come with either a white or whole wheat bun. Substitute chicken on any of our beef burgers for \$1.00

In an effort to better serve our planet, the Rock Cod Cafe has stopped using styrofoam and is now using only sugar cane based takeout containers.